

**MINISTRY OF HEALTH**

**VIET NAM-US/CDC/GLOBAL AIDS PROGRAM COLLABORATION**

**HIV VOLUNTARY COUNSELING AND TESTING  
EXPERIENCE SHARING REPORT**

**LIFE - GAP PROJECT MOH**



# CONTENT

1. Overview of LIFE-GAP project
2. Voluntary Counseling and Testing program
  - + VCT model
  - + Some VCT results
3. Lesson learn in QA



# I. OVERVIEW OF LIFE-GAP PROJECT

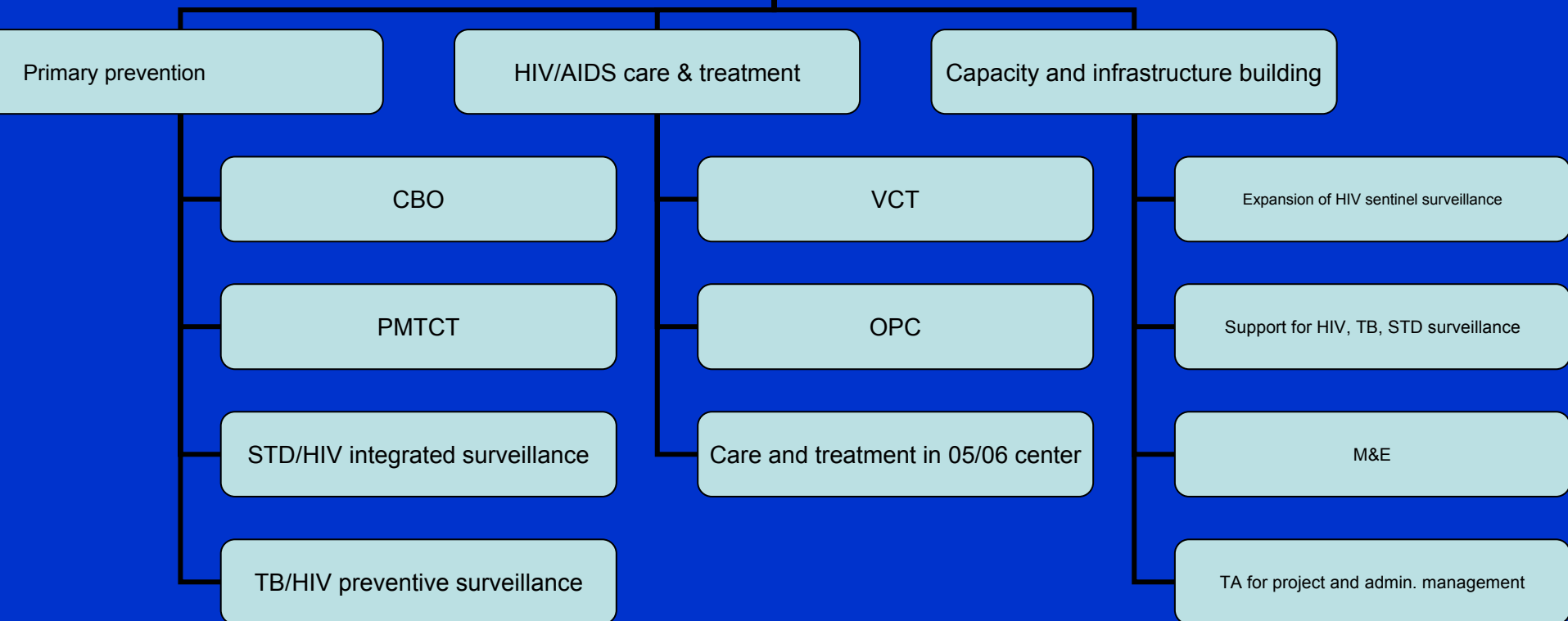
Global AIDS Program –  
Leadership and Investment in Fighting an Epidemic

## Goals:

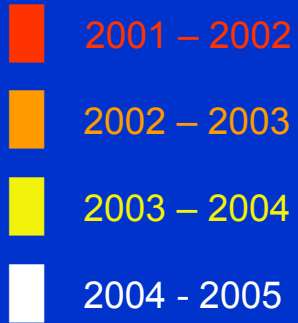
- To reduce HIV transmission through primary and effective prevention.
- To improve care, support and treatment for PLWHA.
- To enhance capacity for AIDS prevention professionals and health care services in Vietnam.



# SOLUTIONS

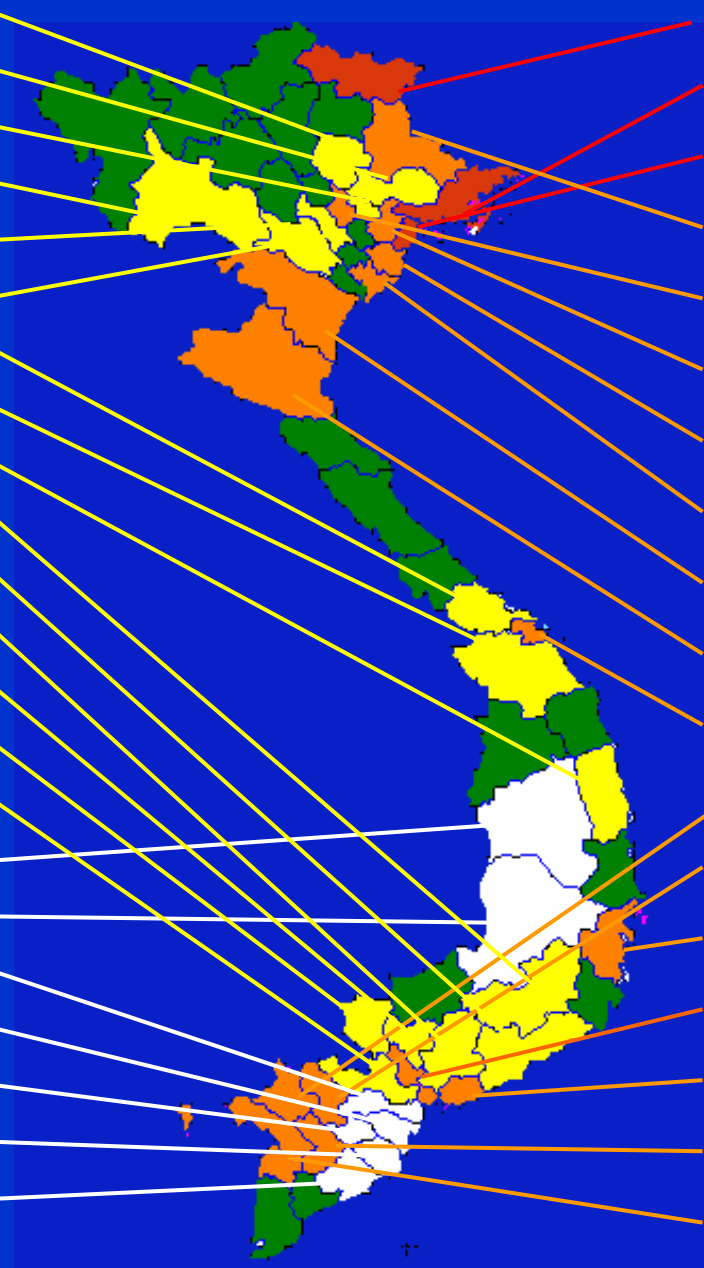


# PROJECT COVERAGE AND IMPLEMENTATION PROGRESS



**40 Provinces/Cities**  
**10 National Institutes**

- Thái Nguyên
- Bắc Giang
- Bắc Ninh
- Sơn La
- Hòa Bình
- Hà Tây
- Huế
- Quảng Nam
- Bình Định
- Lâm Đồng
- Bình Thuận
- Đồng Nai
- Bình Dương
- Tây Ninh
- Long An
- Gia Lai
- Đak Lak
- Tiền Giang
- Bến Tre
- Vĩnh Long
- Trà Vinh
- Sóc Trăng



- Cao Bằng
- Quảng Ninh
- Hải Phòng
- Lạng Sơn
- Hà Nội
- Hải Dương
- Thái Bình
- Nam Định
- Thanh Hóa
- Nghệ An
- Đà Nẵng
- An Giang
- Đồng Tháp
- Khánh Hòa
- Hồ Chí Minh
- Bà Rịa – Vũng Tàu
- Cần Thơ
- Kiên Giang



Nguồn: Dự án LIFE-GAP

## II. VCT PROGRAM

- **Goals:**

To reduce HIV incidence rate among vulnerable populations; To reduce HIV transmission from HIV infected persons to non-infected ones and refer HIV positive person to Care and treatment services.

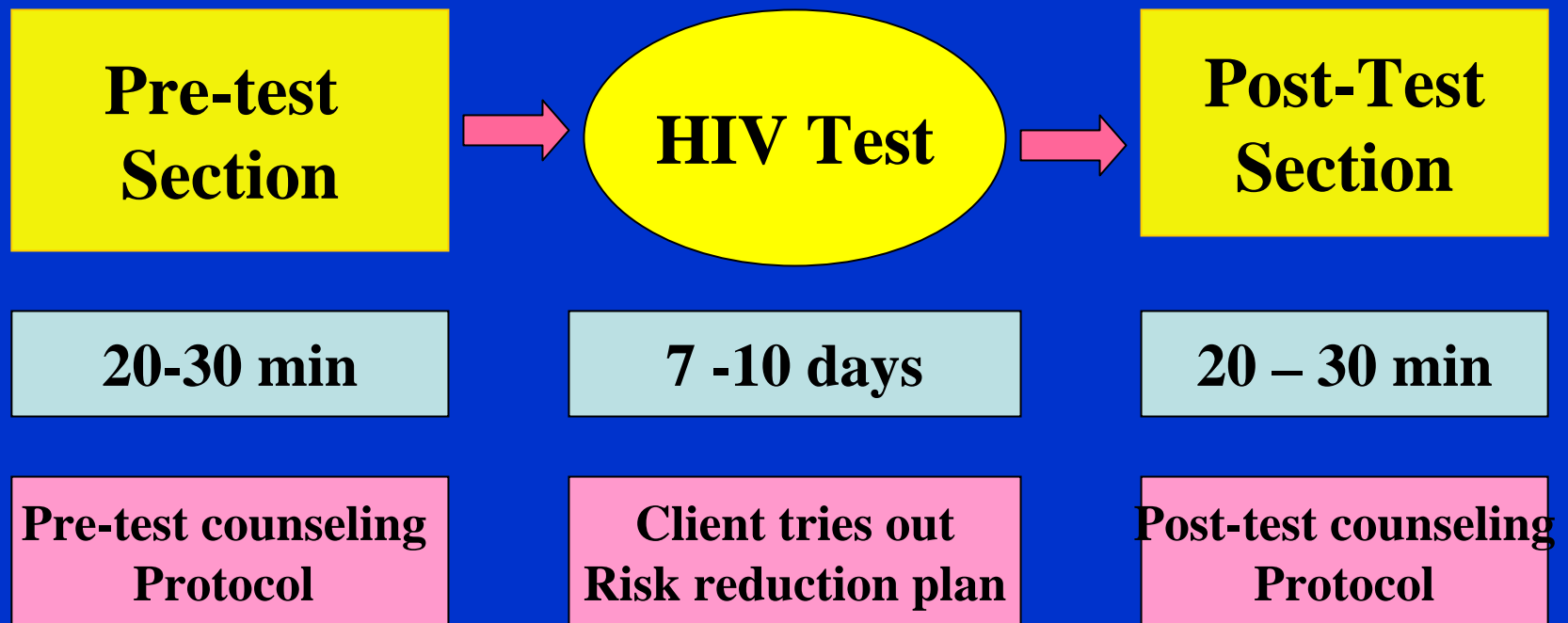
- **Program model: CDC Model**

- Preventive counseling, Client - centered
- Voluntary, Confidential and Anonymous, Free of charge.
- Focus on HIV high risk persons

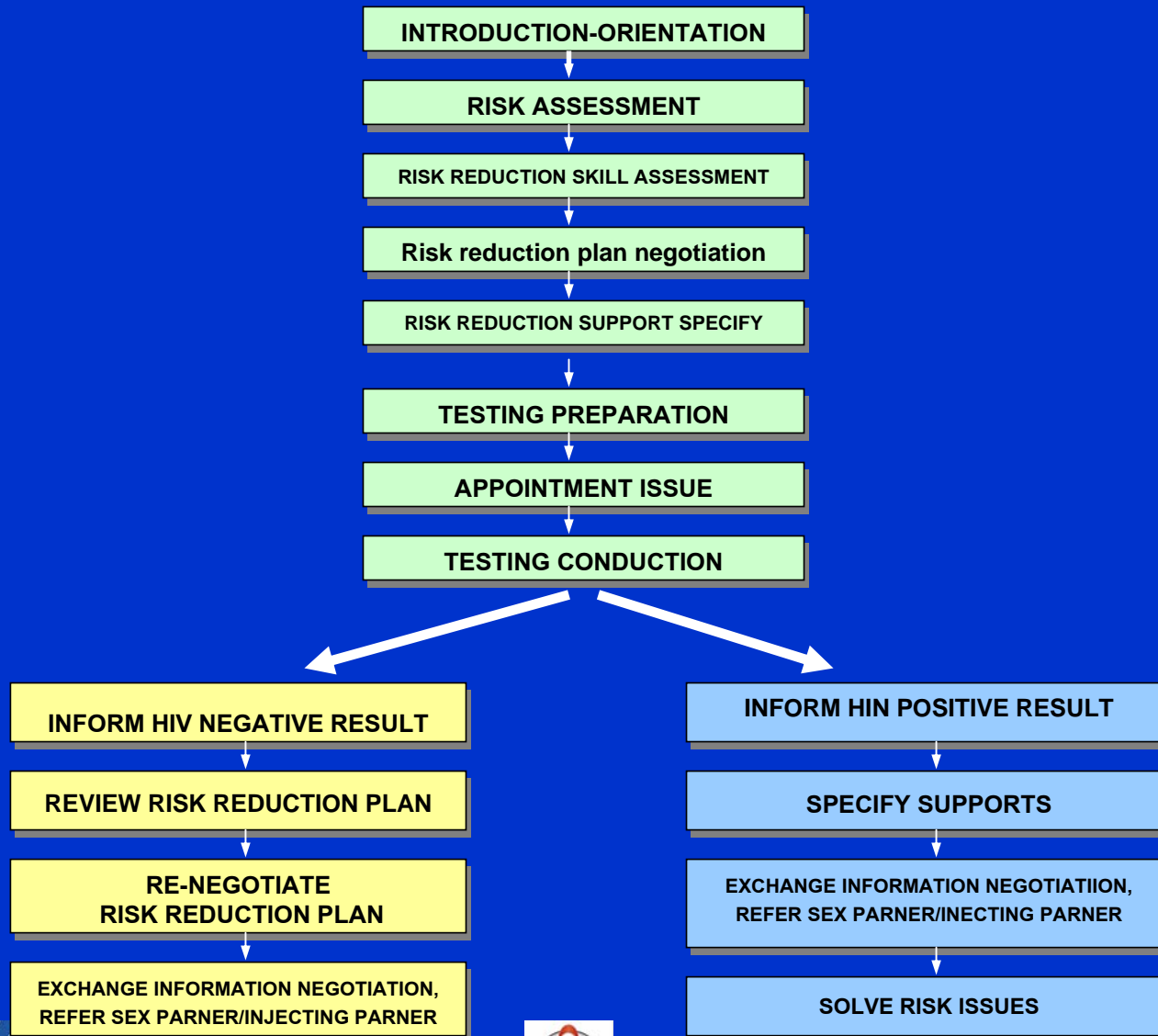


## II. VCT PROGRAM

- **Protocol:** developed by CDC / LIFE-GAP



# VCT COMPONENTS

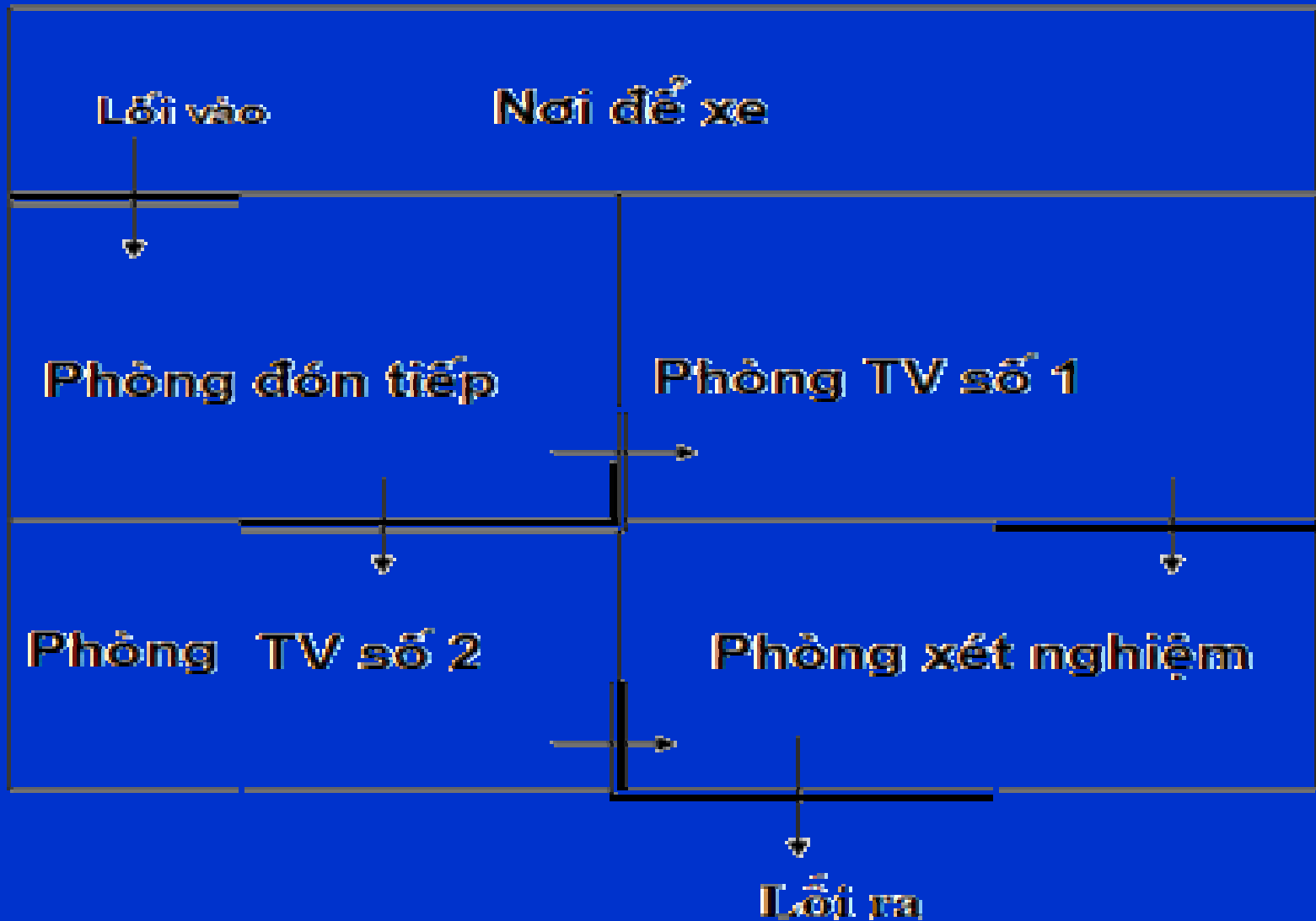


## II. VCT PROGRAM ...(Cont.)

### Necessary steps to set up a VCT center

- Need assessment
- Select the location
- Set up the referral services
- Select and train Counselors, Labs, Supervisor, Admin
- Equipments, test kit
- Advertising, marketing
- Opening ceremony
- QA
- Monitoring and Evaluation



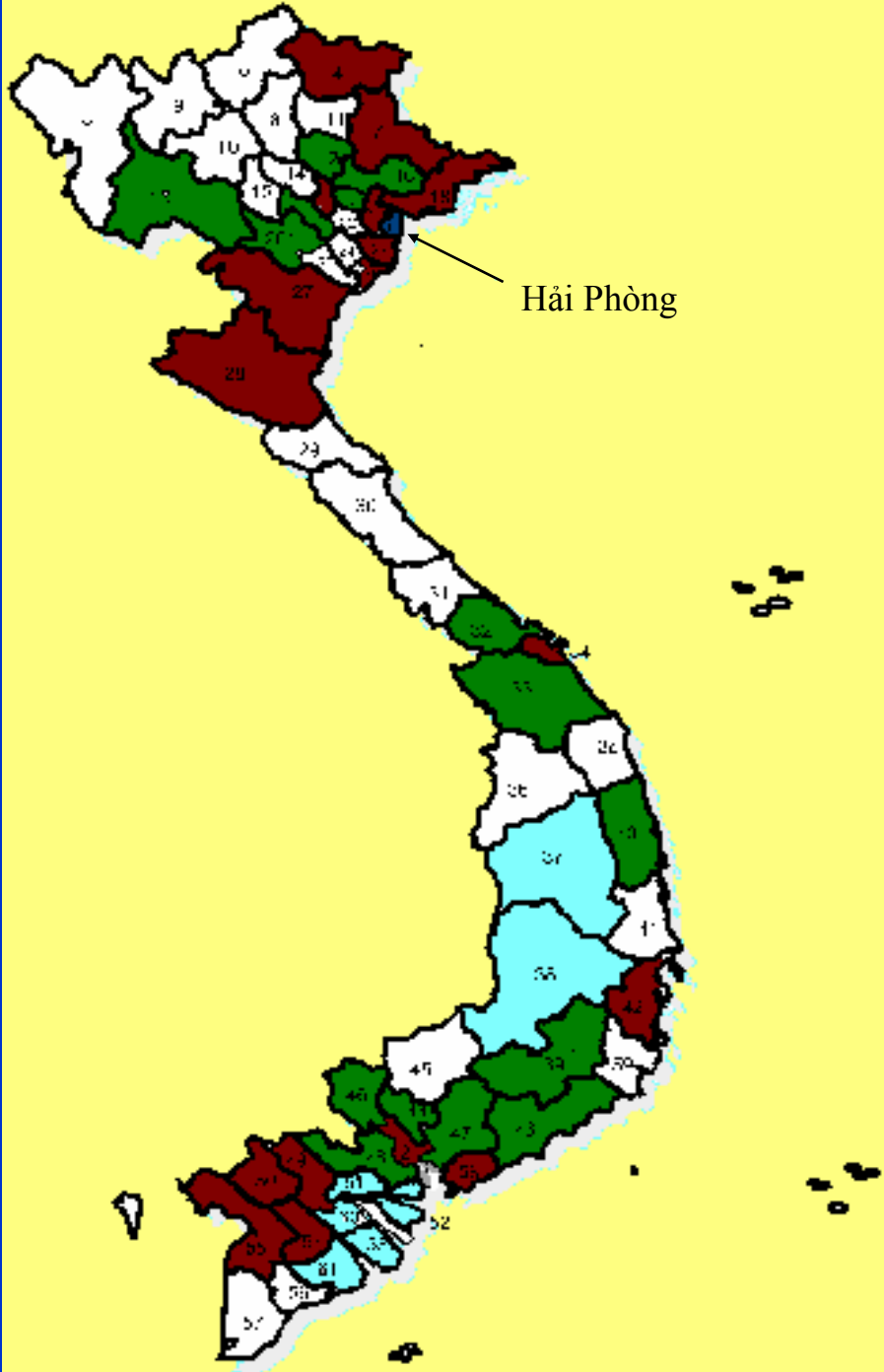


**Room arrangement in VCT center ( one way flow)**



**By 7/2005:**

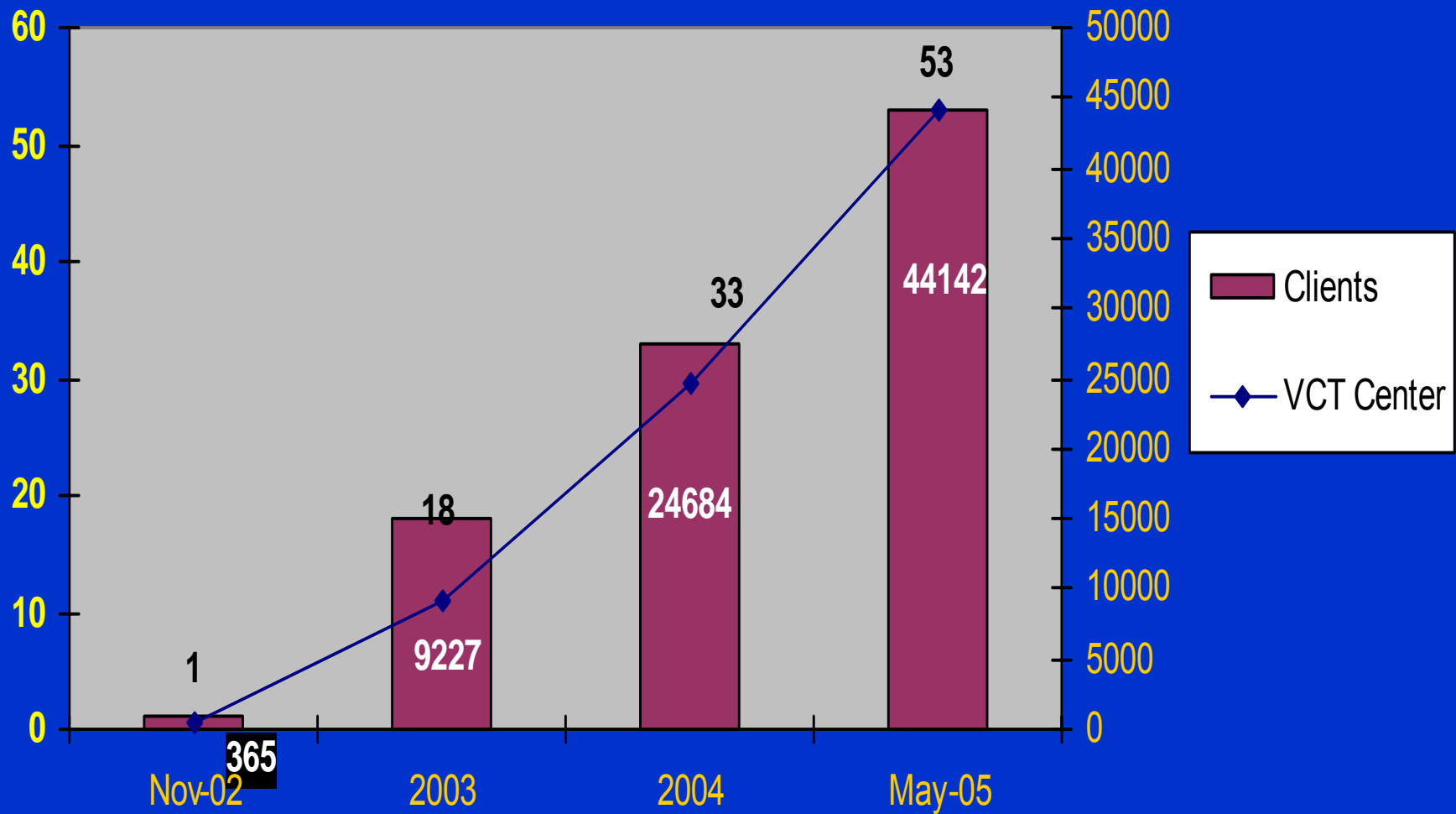
**53 VCT sites in 40 provinces/cities**



Hải Phòng

- Hải Phòng
  - Cao Bằng
  - Quảng Ninh
  - Khánh Hòa
  - Bà Rịa – Vũng Tàu
  - An Giang
  - Kiên Giang
  - Hải Dương
  - Lạng Sơn
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  - Thái Bình
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  - Hà Tây
  - Lâm Đồng
  - Sóc Trăng
  - Trà Vinh
  - Bến Tre
  - Vĩnh Long
- Opened 2003
- Opened 2004
- Opened 2005





Number of VCT centers and Clients by years



## II. VCT PROGRAM ...(Cont.)

### ■ Training

- 3 TOT training courses: → 62 Provincial VCT trainers
- 26 VCT training courses
- 453 Counselors, 251 Labs, 130 Supervisors, Admins

### ■ Some main results (By 5/2005)

- Total clients: 44,142 ( Male: 65.3%)
- Client HIV tested: 41,447 (93.9%)
- Return for test notifications: 37,960 (91.6%)
- HIV(+) found: 7,124 (17.2%)
- Client at age of 20 - 29 years: 82.0%
- IDUs, CSWs, sex partners of IDUs, CSWs: 73.7%
- Clients receiving related referred services: 65.0%
- HIV(+) clients referred to OPC: >90.0%

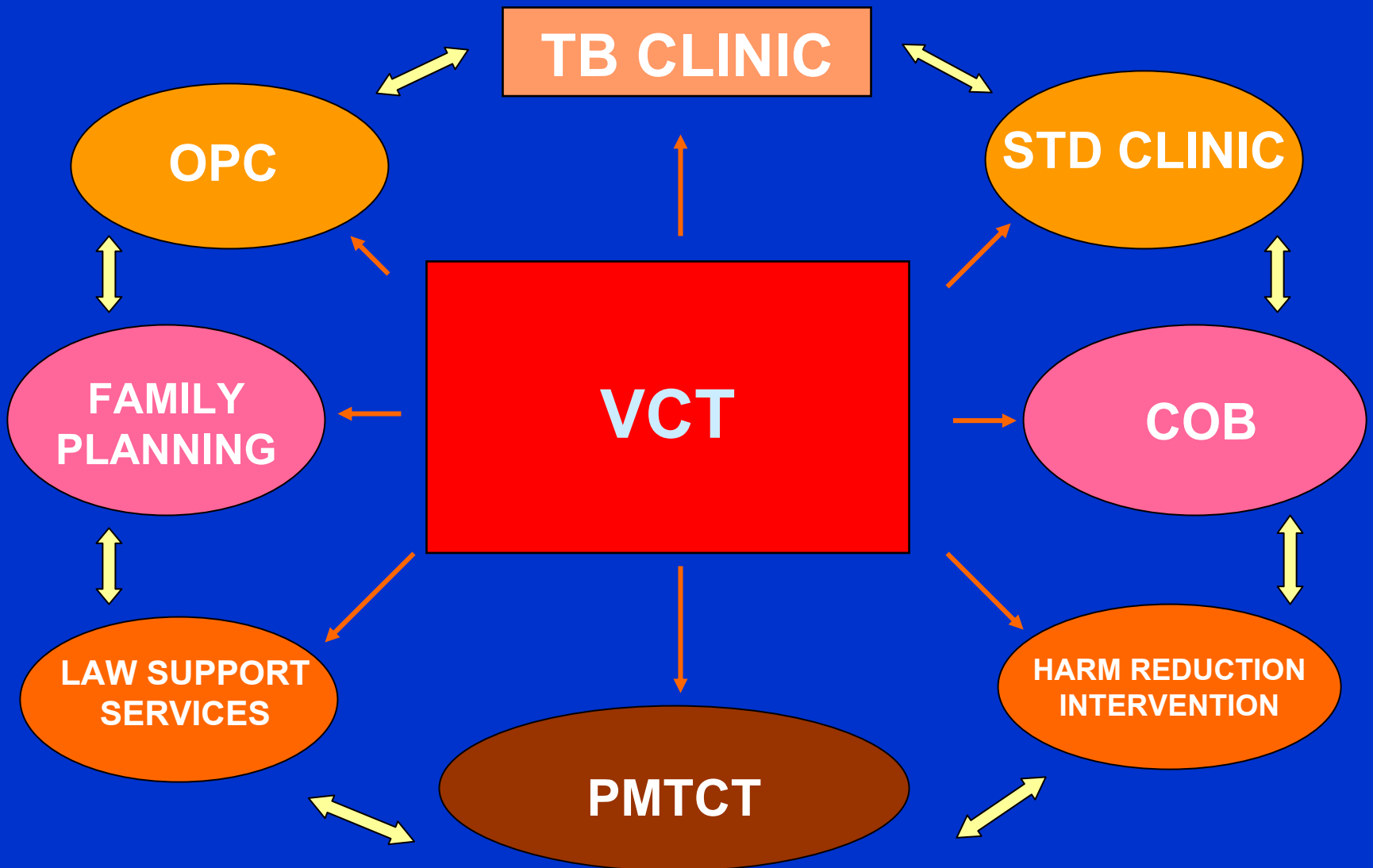


## II. VCT PROGRAM ...(Cont.)

- QA
- Client satisfactory survey in Hai Phong and Thai Binh Provinces
- National VCT experience sharing meeting in Nha Trang in August 2005  
(240 participants from MOH, 40 provinces and international organizations)



# INTEGRATION MODEL



# STRENGTH AND LIMITATION

## 1. Strengths

- Voluntary, confidential, anonymous, free of charge.
- Clear counseling protocol, purpose → client risk reduction.
- Advertising, marketing (TV Advertising, leaflets, condoms...)
- Counseling quality (Training, QA...)
- Integrate to other programs (COB, OPC...)

## 2. Limitations

Use client code → Positive test clients have to be tested HIV test in OPC.



# III. QA LESSON LEARN

## 1. QA levels:

- Central (CDC/LG)
- Provincial (PPMU – First Secretary)
- VCT Supervisor / Counselor

## 2. Performs:

- In plan.
- Accidental / “ Secret shopper ”
- Combine to other programs

## 3. Duration: 01 – 1,5 days.

## 4. Trained QA staff:

- VCT protocol.
- VCT QA protocol.
- VCT QA skills.



# III. QA LESSON LEARN ... (Cont')

## 4. QA tools:

### - To assess:

- + Counselors' conformation to counseling protocol.
- + Quality of counseling sections.
- + Task performment of Supervisor, Admin, Counselor, Lab'.
- + Conformation to confidential regulations.
- + The provide of necessary equipments for VCT center.

### - Contents:

- + Check list, Observation and feedback forms for direct observation of pre-test and post-test counseling sections.
- + Questionnaire for clients of pre-test and post-test counseling.
- + Questionnaires for Supervisor, Admin, counselor, Lab'.
- + Checklist of confomation to confidential regulations, client reception protocol, client intake instructions.
- + Checklist of VCT necessary equipments.



# III. QA LESSON LEARN ... (Cont')

## 5. QA protocol

### - QA necessary assement:

- + As plan/proposal.
- + VCT monthly data.
- + Other sources of information.

Decide QA time,  
QA performment  
And staff

### - Inform QA schedule to PPMU (if in plan).

### - Prepare QA staff , related documents/data.

### - Work with PPMU and VCT Supervisor (if in plan).

### - Work in VCT center:

- + “Secret shopper” (if possible)
- + Use QA tools.
- + Use related documents/data.
- + Do some comments and feedback.

### - Work with PPMU/VCT supervisor to feedback whole QA result.

## 6. Monitor the QA requirement execution of PPMU.



***Thank you !***

